

MESSAGE FROM MR. OLSEN:

Helloooooo Raiders!

OK, strange times. We will overcome this, because that is who we are.

So, I will try to be brief.

- **We miss you!** We hope you are all healthy and well.
- The absolute best things that you can do RIGHT NOW are
 - Stay current with your school work
 - Stay healthy: sleep, nutrition; hand hygiene
 - **Consider your community:** if you contract this virus, it has the potential to spread to those you know and love. IF YOU PRACTICE SOCIAL DISTANCING, you will have a dramatic impact in halting the spread of the virus. **You** have a huge role to play. This is an easy way to TAKE ACTION, and in the effort, you will be “kinder than necessary.” Please think of yourself and others.
- Attendance: Classes are going on as I type. You need to make sure that you are:
 - Checking all email
 - Connecting with teachers (most are using Google Classroom)
 - Taking part in activities
 - Completing assignments
 - Giving it your all on assessments
- Flex: your teachers are available for help. CONTACT THEM!
- Grades: same as always. Third quarter is closing and fourth quarter is beginning. Graduation is right on the horizon. The semester is not far from over. All of your assignments are determining your grades for the end of the year.
- SENIORS: You are on the last couple miles of the marathon. Finish strong! We want everyone to graduate on time. To do so, you need to engage and commit to the instruction your teachers are offering you right now. You simply have to do the work.

These are not “snow days.” If you have not connected with teachers, or if you have not kept pace so far, the time to start is immediately. School is in session.

While you work:

- Find a quiet place to focus.
- Keep a regular, daily routine. Wake up early, imagining that you are going to RHS every day.
- Pay attention to your grades on *JumpRope*.
- Communicate with your teachers/ guidance counselors through email if you are having trouble. Do not hesitate to do so.

This is a difficult situation, but we know that all are up to the challenge. Your teachers are working extra hard to make sure you get a high level of instruction. Do your part and do your job! This is your time to shine, despite the adversity.

Stay well, and from all the staff at RHS, thank you for all of your efforts!

- Mr. Olsen