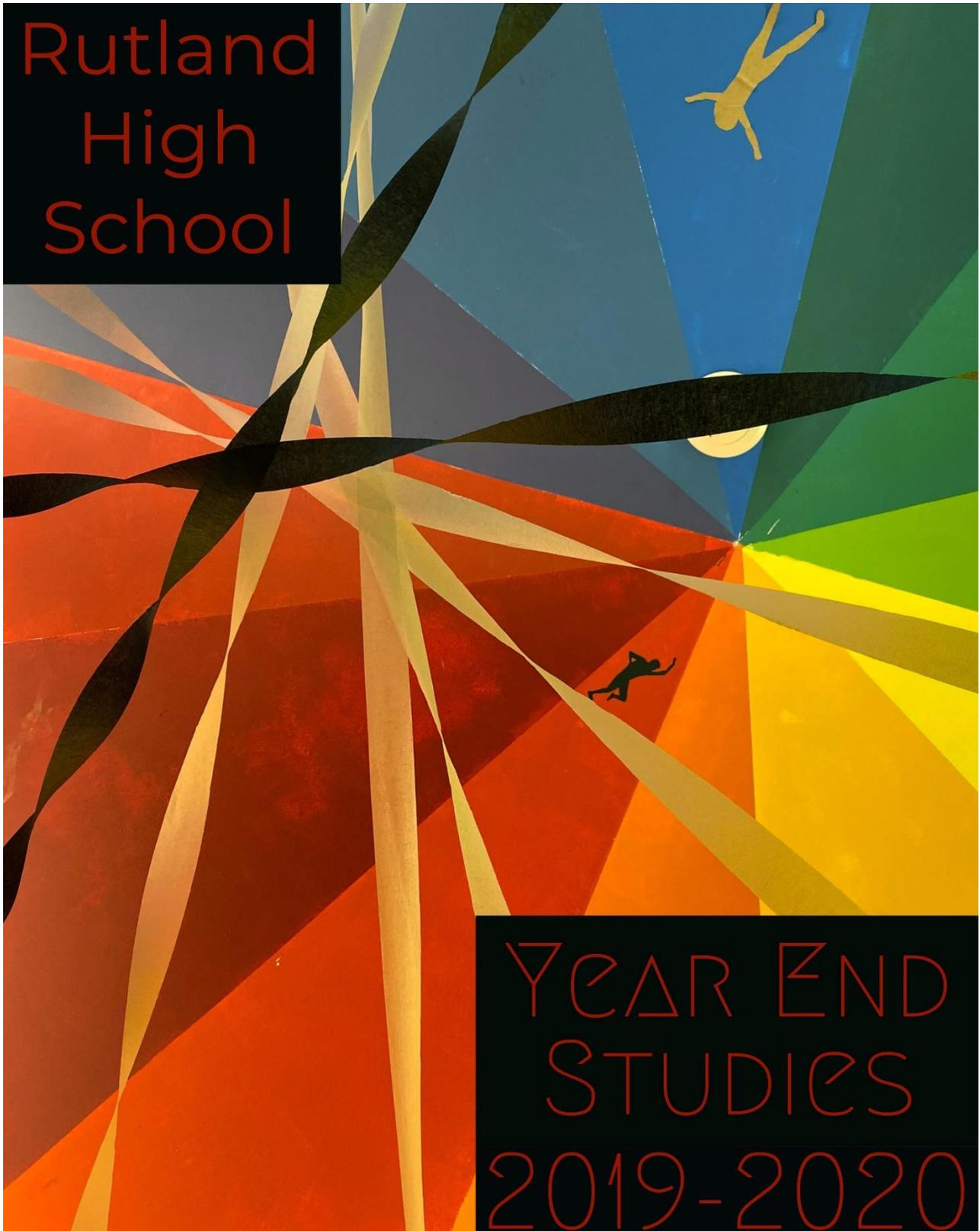


Rutland
High
School



YEAR END
STUDIES
2019-2020

OVERVIEW - Student cover artwork by: Joel Taylor

Year End Studies (YES Plan) offers a variety of learning experiences for all Rutland High School students. The program is designed to provide half-day and full-day courses, seminars, field experiences, internships, community service and other teaching and learning opportunities. No students receive financial compensation for any of these learning experiences. Students are offered a myriad of enrichment courses giving them the opportunity to explore or enrich their learning beyond what has traditionally been offered during the school year. **All students are encouraged to participate in a School to Work program prior to graduation.** A normal and expected course load includes either: one (1) full-day YES Plan course or two (2) half-day YES Plan courses. **Students may not repeat YES Plan Enrichment courses they have already taken.**

SCHEDULE*

Credit Recovery	8:00AM	-	8:55 AM
Morning Class	9:00 AM	-	11:15 AM
Lunch	11:15AM	-	11:40 AM
Afternoon Class	11:45 AM	-	2:00 PM
Credit Recovery	2:05 PM	-	3:00 PM

*Some YES Plan experiences may require specific schedules appropriate to course and PLACE (formally School-to-work) needs.

ATTENDANCE

Year End Study Dates: June 1st to June 15th, 2020 (Dates are subject to change pending school cancellations). Students must attend and participate in Year End Studies, an integral element of the academic year. School attendance policies and all school rules and procedures remain in effect. Students must attend 11 of the 12 days during YES Plan, which includes Open House, in order to receive credit. **The Attendance Committee will consider special and unique circumstances, but only upon rare occasions will exemptions be granted. YES Plan daily absentee lists will be published at the end of the day.** Seniors are required to attend YES courses through and including the AM session the day before graduation.

CREDIT

Successful participation in Year End Studies for each year at Rutland High School is a graduation requirement except for students enrolled in Stafford Technical Center's full day programs. A special note to seniors: a failed Year End Studies course by a senior will result in that senior not being eligible to participate in the graduation ceremonies. The senior will receive a diploma upon successful completion of a Year End Studies option (see options below). These options are available only after the end of the school year.

OPTIONS FOR STUDENTS WHO FAIL 2020 YEAR END STUDIES

Note: All options must be pre-approved by the Rutland High School Principal.

- Take a summer course for credit.
- Take a summer academic camp course for credit.
- Take a night course at Stafford Technical Center, Community College of Vermont or other educational facility.

- Perform thirty (30) hours of community service for each half day class (60 hours for a full day), which must be approved by the guidance counselor and the Rutland High School principal. A journal is required.

COURSE FEE WAIVERS

Students should consider all course options. Any additional costs for programs should not be a determining factor. For programs that incur additional fees, (admission fees, travel expenses, etc.) student fees may be waived by the YES Plan Committee or other arrangements may be made to allow student access. **Independent Study and PLACE experiences are not eligible for course fee waivers.**

COURSE FEE REFUNDS

Students who select courses that require a fee will only be eligible for refunds until May 1st. Students will forfeit their fee if they make schedule changes after May 1st.

ENROLLMENT

Class enrollments will be limited to the number listed in the course description. Students will select their course choices in February 2020 through an online scheduling process. This process will be explained in detail to students prior to their selection.

GRADING

Student grades will be determined by the degree to which a student has demonstrated proficiency in identified course standards. Teachers will use the school-wide transferable skills and proficiency scales to grade students at the conclusion of YES plan. Final Grades will be reported on a 0 through 4 point scale with half point increments. This grade will not be calculated into the student's GPA, nor will it be credit bearing, but successful completion is required for graduation. Grades will be entered into Jump Rope and tied to a specific transferable skill. The standard will be calculated as a part of the student's transferable skills transcript. Grades will also be entered into Infinite Campus and become a part of the student's academic transcript. A half-day YES plan will hold a weight of 10, and a full-day will have a weight of 20.

4- In addition to score 3.0 performance, the student demonstrates in-depth inferences and applications that go beyond what was taught.

3 – The student has met the standard.

2 – The student has gained an understanding of the vocabulary and simpler processes of the standard.

1 – With help, the student can demonstrate partial success with the vocabulary and simpler processes of the standard.

0 – Little or no evidence of achieving the standard.

GLOBAL STUDIES/STEM CONCENTRATION

Notations are provided for Yes Plan courses that fulfill Global Studies or STEM Concentration requirements.

Full Day Courses

Are You Listening?

Marsha Cassel

Full Day

20 Students

Being a good listener involves more than just hearing and contributes to being happy, informed and successful. We'll practice listening in nature*, to music, to podcasts, and to storytellers. We'll take turns facilitating community-building circles and learn the difference between "active" and "reflective" listening. We'll dabble in American Sign Language, learn how to care for our hearing, and practice how to listen to others when we are in conflict. We'll discover how some sound effects are created, how you might use "white noise" and how humans are listening to the Universe for signs of life beyond Earth. (* Weather-permitting, we expect to spend one gentle day outdoors. All are welcome. However, if walking is a problem, please connect prior to registration in order to negotiate accommodations.)

Being Active and Eating Healthy

Elaine Beal

Full Day

20 Students

Students will spend their day exercising and eating healthy to feel good. The morning session will be at Pine Hill Park where students will run, jog, and/or walk on the many fun trails. In the afternoon students will prepare foods to compliment a healthy lifestyle. Students are responsible for providing their own transportation to Pine Hill for the morning and then to R.H.S for the afternoon session.

Choose Kindness

Sara Gregory, Glenn Williams

Full Day

15 Students

Students will review and brainstorm a list of different acts of kindness and possible places to visit based on those interests/acts of kindness that the students brainstorm. Students will plan and schedule trips in the community, they will plan shopping lists and shopping trips for any items needed for the acts of kindness the group decides to carry out. Students will be expected to keep a daily journal and create a visual presentation for the end of the course.

Culture Kitchen! (Global Studies)

Yoshi Aday, Jennie Gartner

Full Day

18 Students, **\$150 fee**

Ever wonder what makes the batter for sweet and sour chicken taste so good? How about the skill involved to make the perfect sushi roll? Or, have you ever wished you had an aunt who could tell you tales of how she learned to make the perfect pizza crust? Regardless, you know you're tired of Easy Mac and that \$2 dollar convenience store pie (which sits like a rock in your gut) isn't cutting it anymore. It's time to join Culture Kitchen! While learning cooking 101 skills and using locally grown ingredients, students will be recreating internationally-inspired dishes. We will also visit ethnic markets and sample food from some diverse restaurants in Albany, Burlington and New York City. By the end of the course, students will have enlarged their cooking repertoire and realize the rich potential that exists to creating these wonderful cuisines in their own homes! Fees are **estimates** for restaurant meals and shared hotel rooms for NYC trip. Because the school district will be providing necessary transportation, this course is available to grades 9-12.

Duck and Cover! Growing up in the 1950s and 60s (Global Studies)

Full Day

Claire Groby, John Peterson

20 Students, **\$10 fee**

OK Boomer! The 1950s and 60s were two of the most exciting decades of the twentieth century. This hands-on, experience based class will give students insight into what it was like to grow up during that time by looking at various aspects of life including entertainment (tv and movies), music (the birth of rock and roll and the "British Invasion"), living with the fear of atomic annihilation ("Duck, and cover!" fallout shelters), clothing fashion (from Jackie Kennedy to the hippie look) and recipes for families "on the go" (tv dinners, prepared and packaged food, etc.) Visits to local Cold War landmarks are planned. Students will be asked to contribute \$10 each to defray the cost of food.

Estuaries and Wetlands (STEM)

Full Day

Michael Ellis, Dawn Adams

12 Students, **\$55 fee**

Discover the wonders of Rhode Island estuaries and Vermont wetlands of Estuaries and Wetlands. In part one of this YES plan, spend three days and three nights at the Narragansett Bay Estuarine Research Reserve (NBERR) located on Prudence Island in Rhode Island. Learn about rocky shore, open bay, and salt marsh ecosystems on the New England coast through classroom and hands-on experiences and learning games. Participate in an invasive Asian shore crab study and a sampling survey of salt marsh plants. Learn challenges facing migratory birds due to habitat loss and climate change. Identify birds by their song as well as by sight. Contribute to a stewardship habitat restoration project. In part two of this YES plan, learn about Vermont wetlands through classroom activities and day field trips in Rutland County. Help restore wetlands in Rutland County, by participating in community service projects and/or gathering data for water quality studies at various locations. Collect and analyze authentic data on climate change in both Rhode Island and Vermont. STEM credit. Enrollment limited to 12. Fee not to exceed \$ 55.00. No refunds after May 1, 2020.

Exploring the Historical Landscapes of Vermont (Day Hikes)

Full Day

Ann Marie Mahar, Michele Geisler, Stephen French, Conrad Tuerk

36 Students

Students will be exposed to the natural history of Vermont through a rigorous hiking program. Students can expect to travel by foot between six and twelve miles a day on the steep, rugged and remote trails of Vermont and upstate New York. To meet the strenuous demands of the course, students are expected to be in excellent physical condition. Students should be equipped with proper footwear and clothing, and should bring plenty of food and water each day. A community service project is another major component of the course, as the class will help build trails at Pine Hill Park to foster a sense of teamwork and community. Finally, students are required to keep a reflective and comprehensive journal that details their learning, including the area's flora and fauna, and sense of accomplishment.

**Farm to Table-Diversification and Sustainability
in Vermont Agriculture**

Full Day
15 Students

Leah Henry-Beauchamp

Where does our food come from? A grocery store? A restaurant? A farmer's market? A refrigerator? All of these answers are correct, but really, all food starts out in the same place...a farm! After farmers produce their food, they must find a way to market it so that it gets to you and I. Some farmers sell it directly to consumers from their farms. Other farmers bring their fresh foods to the farmer's market in town. Some companies buy a farmer's food so they can process it, preserve it and send it long distances to grocery stores all over the world. Farmers depend on everyone in the community in order to have a successful farm, and everyone in the community depends on farmers for food. That's why cooperation and community are so important. In this course, you will learn about a farmer's contributions to society and the process of producing and selling foods our families buy. Learn the interdependence of farmers and the community, sustainability and diversification of the modern-day farm. There will be several field trips to local farms and businesses to explore this issue. In addition, students will plan and plant a garden at RHS.

German Cultural Exchange (Global Studies)

Full Day

Meaghan Marsh, Stacy Shortle

20 Students, \$1,500 fee

The German Exchange will spend 2-3 weeks in Germany. Students will live with a German family and attend school on a regular basis. You will be expected to complete team building exercises, light language and cultural research prior to travel. Once in Germany you will present to multiple German classes on your chosen topic. As a group we will research and complete a project on Germany's response to climate change. The students will then host their German partner for 2-3 weeks in the beginning of September.

Hunter Training: Learning to Become an Effective and Ethical Hunter (STEM) Full Day

Mike Stannard

12 Students

STUDENTS ARE RESPONSIBLE FOR THEIR OWN PERSONAL TRANSPORTATION TO AND FROM OUR DESTINATIONS, DAILY. RIDES FROM PARENTS WILL NOT WORK SINCE DESTINATIONS AND TIME CHANGE CONSTANTLY. ONLY STUDENTS DEEMED BY RHS ADMINISTRATION AND COUNSELORS AS BEING IN GOOD STANDING WILL BE ENROLLED. NO OPEN TOED, UNTIED SHOES, OR PERSONAL FIREARMS WILL BE ALLOWED. The instructor will be certified by the State of Vermont Dept. of Fish and Wildlife as a Hunter Training Instructor and will hold certifications in both CPR and First Aid. Students should be prepared to hike up to 3 miles each day and handle firearms and knives at specified off-campus locations, under the supervision of certified firearms training instructors. Students should be prepared to do up to 1 hour per day of readings and (or) homework outside of the school day. We will learn about wildlife Biology, and Ecology, while visiting many different habitats (e.g. beaver ponds, mixed hardwood and mixed softwood forests, agricultural fields, clearcuts, and swamps). A visit from a Vermont Game warden will also be arranged. Students will learn tracking and scouting techniques, field dressing and meat processing. Students will read excerpts from two books, Aldo Leopold's A Sand County Almanac and Tom Brown Jr.'s The Art and Science of tracking and other short stories by Ernest Hemingway, Theodore Roosevelt, their instructor Mike Stannard and more. Equipment and supplies for the curriculum will be provided. Lunch, water, rain clothing, bug repellent, and other supplies are the responsibility of the student. There will be no tolerance of disrespectful, rude, or sporadic behavior. Those who pass the Hunter training portion of the course will receive their coveted "orange card" that will allow them the privilege to purchase a Vermont State Hunting License. Students will also need to show proficiency in the reading and writing portions of the class and present one slide from our "pecha kucha" presentation at the open house.

Japan Today (Global Studies)

Ron Eisenman

Full Day

15 Students, **\$30 fee**

Explore Japanese cooking, culture, and language. This YES plan includes trips to Boston and Albany. Students will learn how to cook delicious Japanese foods such as homemade Ramen okonomiyaki, oyako donburi, and sushi. Every day, we will study basic Japanese spoken and written language. We will travel to Boston and Albany to go to art museums, eat Asian food, and grocery shop for authentic ingredients. We will also learn basic conversational Japanese, play the popular game Mah Jong, and explore issues in modern Japan. The fee is \$30 which covers food, subway, museum entrance fees and a meal at a restaurant. Payment is due before 5/1 and there will be no refunds after 5/1.

Jazz Ensemble

Brent Barnett

Full Day

21 Students

The YES Plan Jazz Ensemble course is limited to the year-long members of this performing group and is a continuation of the Jazz Ensemble course.

Leadership Through Adventure

Full Day

Jason Cassarino, Adrienne Weld

24 Students, **\$50 fee**

This YES Plan will engage students to promote leadership skills and the value of teamwork. Through the Adventure courses, Rutland High School Low/High Ropes Course, and Service Learning Project the students will be able to identify the importance of basic leadership skills, improve communication skills and recognize the value of teamwork and collaboration. Students will be responsible to maintain a journal throughout the course. \$50 Fee NO refunds after May 1st.

Outdoor Pursuits and Trail Design in Vermont

Full Day

Nathan Bellomo, Joe Doherty

22 Students, **\$35 fee**

Are you someone who enjoys the great Vermont outdoors? Do you like to hike, mountain bike, canoe/kayak, and other outdoor activities? This YES Plan will provide you the opportunity to experience each of those among others. You will get the chance to spend your day outside enjoying that fresh Vermont air. We will experience multiple activities in a fun and collaborative way! *Must: Be able to provide own transportation, have a functional mountain bike, and be able to hike for 5+ hours.* \$35 fee for equipment costs.

PLACE-Career Exploration (Formerly School-To-Work)

Full Day

Abby Brodowski, Christine Gromley

24 Students

This is a full-day YES Plan that allows any age student to explore career paths while learning professional skills that will help them in the modern workplace. For the first 4 days, students will be doing a wide variety of soft-skills training (making a good first impression, writing a resume, filling out a job application, talking on the phone, etc.) that will help them in any workplace. There will also be a variety of speakers and field trips with local businesses and leaders who will discuss options and realities in their fields. During days 5-9, students will be at a worksite of their choosing ***that is approved by the PLACE Coordinator***. There, students will shadow a mentor and spend their time engaged in a work-based learning experience. Students will be responsible for completing journal entries and making a final presentation at the YES PLAN Open House to talk about their what they learned. Students enrolled PLACE Career Exploration will receive a Work Experience Application Packet to use when approaching their preferred job site. Students who do not turn in their Application Packet by the **deadline MAY 15th, 2020** will remain at RHS to continue job skills training instead of being placed off-site. Students interested in working at Rutland Regional Medical Center, will need to discuss options with Mrs. Brodowski and **complete paperwork by April 1st, 2020**. Finally, **STUDENTS MUST PROVIDE THEIR OWN TRANSPORTATION** to and from their job site. **See Mrs. Brodowski for an application packet for this work experience.**

PLACE Senior Work Experience

Clarena Renfrow, Kevin Browne

Full Day

10 SENIORS ONLY

This YES PLAN option is available to seniors only who are interested in a work-based experience. Students will be at a worksite of their choosing *that is approved by the PLACE Coordinator*. There, students will shadow a mentor and spend their time engaged in a work-based learning experience. Students will be responsible for completing journal entries and making a final presentation on the last day. Students enrolled in PLACE Work Experience will receive a Work Experience Application Packet to use when approaching their preferred job site. Packets are due by **MAY 15th, 2020**. Students interested in working at Rutland Regional Medical Center, will need to discuss options with Mrs. Renfrow and **complete paperwork by April 1st, 2020**. Finally, **STUDENTS MUST PROVIDE THEIR OWN TRANSPORTATION** to and from their job site. **See Mrs. Renfrow for an application packet for this work experience.**

PLACE Lifeguarding

Clarena Renfrow

Full Day

15 Students, **\$195/\$206 fee see below for details**

This YES PLAN will be in coordination with the Rutland Recreation Department. The cost is \$195.00 for Residents of Rutland City and \$206.00 for students outside the City. Classes take place at the Rutland Recreation Department and White's Pool. **See Mrs. Renfrow for an application packet for this experience.** In Order to Take Lifeguarding, Students MUST:

- See Mrs. Renfrow to get the appropriate application and paperwork
- BE at least 15 years of age
- BE able to swim a minimum of 8 laps
- BE able to tread water for a minimum of 2 minutes

Upon successful completion of this course, students will be certified lifeguards.

Poetry and Motion (STEM)

Sarah Hagge, Detlef Hagge

Full Day

12 Students

Learn about the physics of some of our favorite sports and play the game of poetry in this cross-disciplinary course. We will analyze the forces involved in sports such as: ultimate frisbee, soccer, rock climbing, cycling, running, ping pong, and hiking. Then, after "experimenting" with these sports, we'll try to capture the essence of our experience by composing poems in a variety of forms, including the: villanelle, sestina, sonnet, haiku, ode, limerick, ballad, cinquain, and pantoum. We'll take a look at examples of each type of poem, learn the "rules," and then choose to work alone or in pairs as we create original poetry. Our days together will combine science, physical activity, creative writing, and even some movies as we watch actors "play" at boxing, surfing, mountaineering, etc. and determine how they often break the laws of physics. For the final project, you will pick a sport, analyze the forces involved, and compose a poem about it.

Pont de Suert Student Exchange (Global Studies)*Taborri Brul, Karen Rodgers, Eric Snay***Full Day**23 Students, **\$1,540 fee**

This is a World language and Global Studies opportunity to continue with our established Pont de Suert, Spain student exchange and visit Spain. The eleven-day itinerary includes home stays and daily high school classroom attendance at the Pont de Suert High School. Student will learn the culture and experience Pont de Suert, Spain our sister city school. This will be the best way to build bridges of friendship and trust among people and to experience directly each others' customs, languages and values. This will promote international understanding and goodwill through student-to-student exchange. The benefits of a cultural exchange with Spain will deeply develop language proficiency and help them to recognize their own and other's perspectives and to communicate ideas effectively with diverse audiences. Language students must have successfully completed at least the third level of Spanish. Students must show an extreme interest in the Spanish language, culture and history as well as, a sincere interest in furthering conversational fluency and cultural awareness.

Understanding the Modern Military*Travis Crewdson***Full Day**

24 Students

Find out what it means to serve, to run toward danger, to never quit. If you ever wanted to know more about the US military, whether you think it is for you or not, this course is designed to pump you full of military know-how while providing a new and fun way to give you mental and physical challenges for yourself and your team. Come follow along to just learn and have fun, or if you are up for the challenge, show us what you can do and step into a leadership role, give each activity your full effort and get a taste of what it really means to serve. This course is open to everyone and although some activities may not be fully inclusive of all ability levels, there is fun for all. You'll handle and fire real military weapons and learn actual tactical maneuvers and hand-to-hand combat. This is not an easy YES plan. You will sweat, you will hurt, and I WILL make you struggle, but I will NOT let you quit. Your friends don't want to do this YES plan. Heck, they can't handle it. I dare you to sign up!

Volunteering in Your Community (Global Studies)*Brett Lertola, Karen Nawn-Fahey***Full Day**

20 Students

In this YES plan, students will volunteer for different organizations in the Rutland area and learn about some of the issues that our community is facing today. Students will have the opportunity to volunteer in multiple capacities to meet the needs of various organizations. They can expect to do tasks such as cleaning, landscaping, painting, sorting items, organizing things, window washing, etc. These organizations may include the Wonderfeet Kid's Museum, Rutland Free Library, Community Cupboard, Open Door Mission and more. Students will be responsible for choosing one of the organizations at the beginning of the course to report on at the YES plan open house. Journal entries with photos and comments on daily experiences will be required. Students who sign up for this YES plan should be ready to work for the entire day and represent RHS well in the community. *Students are responsible for their own transportation to and from all locations!

Working Together for a Better You*Cindy Trevino***Full Day**

18 Students

Going out into the big world is scary but it doesn't have to be. In this course, students will have the opportunity to visit a variety of community agencies, explore varying businesses, and practice adult skills like shopping and meal preparation. Students will also work on building relationships and understanding personal accountability in maintaining these relationships.

World of Wonder-The Musical*Cathy Archer, Sarah Koon, Matt McDonough***Full Day**

more than 24 Students

Never have time to be in a play or work backstage. This is your opportunity. This year's musical is World of Wonder, a play about an autistic boy and his sister who wants to see the world through his eyes. We will begin work on the play in May. the plan is to tour it during the first and second week of YES plan. Everyone involved in the show will learn about the different perspectives that each of us carries with us. Actors/singers/dancers will be given tools to develop character, memorize lines and work with other actors. The students working on the backstage elements will learn about and use the knowledge of lighting, costume, set, props and sound design to design and create the backstage elements of this play. All aspects of a production will be studied.

Pottery and Yoga*Stefanie DeSimone***Full Day**

16 Students

Come join us out in Creative Structure for Yes Plan. We will create functional art pieces on the wheel and through hand building methods. Zero clay experience is required! The goal of our pieces is to make them light, functional, and fun. Yoga, health and wellness will be introduced daily as well. We will learn different art therapeutic methods focusing on the relationship between creating art and mindfulness Students will participate in a 45 min yoga practice and 10 minute meditation; learning methods how to incorporate it daily. The Yoga and Pottery Yes Plan, provides materials, instruction and support for those students who are seeking a creative outlet as we move into our summer months! "Art is a natural way to practice mindfulness. The colors, textures and sounds of creating pull us into the moment. You don't need any previous training to meditate through art, just a willingness to draw like a child, with freedom and a sense of curiosity." — Amy Maricle, an artist, art therapist and founder of Mindful Art Studio

The Holocaust on Film*Mike Carmolli***Full Day**

16 Students

The objective of this YES Plan is to look at how films about the Holocaust both preserve and pervert history. Most movies based on actual events are not very historically accurate. That does not necessarily mean that they are bad. And being historically accurate does not automatically make for a good movie. All filmmakers, (writers, directors, producers, and actors,) are story tellers. Some of these people regard the actual events which inspired the film as mere guidelines or suggestions rather than requirements. Others do not consider the historical record to be optional, and go to great lengths to ensure authenticity. We will watch a number of films during this course. Each tells a different Holocaust story. Some are more historically accurate than others. I hope you will enjoy the films I've selected, and learn a little history as well.

You've Got a Friend!

Jennifer McNeil

Full Day

12 Students

Students will become Big Friends with primary age students at Northwest School. The primary classes and YES Plan participants will work together on activities that will establish positive relationships through literacy, theme based projects, exercise, and conversation. While high school students share their knowledge and perspective with younger students, Little Friends will share their enthusiasm for school and insights with Big Friends. Both groups will learn that friendships are reciprocal. This is a great opportunity for students who are interested in becoming an elementary school teacher to get a feel for the classroom. Students must enjoy working with young children and be able to be a positive role model for them. Students will be required to design an activity or project for the class and then facilitate the activity with them. **Transportation to and from Northwest School is required.**

AM Only Courses

10SNE1? (aka - Intro to tennis)

Mary Haskell

AM ONLY

12 Students

Learn the sport of a lifetime! Tennis is a sport where being young and fast does not necessarily make you the better competitor. We will spend our time learning the basics of the sport of tennis - from the layout of the court and scoring through the various swings & strokes that you will need to participate in an actual match. In addition, we will examine the intangibles (mental toughness, creativity?) that make someone a better competitor. Throughout the course there will be a focus on nutrition, conditioning and overall physical fitness. Students will participate in a rigorous training regimen that may include distance and interval training along with agility drills, conditioning and resistance training. Students will be expected to dress appropriately for a high level of activity every day - proper footwear is required! Students should have their own tennis racquet and be capable of maintaining a high level of activity. Students must be able to arrange transportation to the daily location. Students are not allowed to transport other students.

Bridge to Honors Math

Michele Farkas

AM ONLY

20 Students

This class is designed to help students move from CP level math classes into honors level math. Upon successful completion, this course will provide students who have completed Integrated Math 1 & 2 CP the opportunity to move into Integrated Math 3 & 4 Honors the next year. This class will focus on quadratic functions, the methods used to solve these functions, and additionally explore complex numbers. The pace will be rigorous and students will be expected to complete nightly practice problems. Students are placed in this YES Plan offering with the recommendation of their current math teacher.

Chemistry and Cosmetics

Jessica Ransom

AM ONLY

12 Students, **\$10 fee**

In Cosmetic Chemistry we will learn about how cosmetics are formulated and what chemicals give them some of their amazing qualities. We will also be testing the effectiveness of different cosmetics. Finally, we will be formulating and making some of our own shampoo, soap, mascara, and bath bombs.

Chess Challenge for Chess Players

Ellada Siliski

AM ONLY

12 Students

Chess is a two-player board game that helps build logic, common sense, and a fast critical response. The objective of this Yes Plan is to help students understand the rules of chess and learn new strategies. Since this game involves a lot of peer interaction, it also creates an appreciation for a friendly environment where everyone is engaged in learning in a fun way. Additionally, students will learn about a variety of famous chess players through research and they will present findings to the class.

Children’s Lit-It’s just for Kids... Or is it? (Global Studies and STEM) **AM ONLY**
Tammy Cabezola, Laura DesJardins 20 Students
Join us for this 1/2 day session to read and explore -Books that are filled with Rhyming and Rhythm Stories of adventure on the pages within 'em. Books starring Princesses Maybe Dragons and Witches or hilarious Characters who leave us in stitches. Books that help teach us important life lessons Stories in which we can see our reflections. So where Caterpillars Are Hungry and Things have gone Wild You'll discover this literature's not just for a child.

Couch to 5K **AM ONLY**
Alison Remy, Catherine Wark 18 Students
Let's run/walk a 5k! With this class, we will train to complete a 5k. Whether your goal is to simply complete a 5k, improve your time, or anything in-between. We can't wait to spend the last few days of school exercising with you!

Introduction to College and Careers **AM ONLY**
Melissa Theis-CCV Instructor, Jennifer Pros RHS Contact 20 Students
This course will be taught by a CCV instructor and it will provide students with the opportunity to explore the college experience within the context of their future career goals. Students reflect upon their strengths, interests, values, and goals by focusing on three key questions—Who am I? what are the habits of effective people? What will I do after high school? – and learn about the expectations necessary to succeed in academic and professional settings. In addition to the core curriculum, students will complete four or more modules on a variety of topics, such as, time management, test taking, personal budgeting and communication skills. This course also provides students with an introduction to online learning, including an overview of CCV’s online portal. This is a pass/fail course.

MakerSpace 2020 (STEM) **AM ONLY**
Laurie Wilson 12 Students, **\$60 fee**
This 1/2-day YES Plan course will focus on developing skills and attitudes that will enable students to learn and grow their ability to create objects, solutions and processes using 3D print, laser cutting, e-textiles, circuits, prosthetic limbs, etc. Students will explore multiple areas/techniques for making and building before focusing on an independently directed project.

Math Puzzles and Games **AM ONLY**
Tegan Kirk-Elkin 12 Students
Do you enjoy puzzles? Does finding the answers to challenging puzzles bring you joy? From logic puzzles to board games, come and experience the joy of math!

Needle Arts Through the Ages **AM ONLY**
Debbie Weiss 15 Students
Students will learn basic sewing and embroidery skills as they replicate designs from different time periods in History. Cross stitch, crewel and applique techniques will be explored. The final project will be to design and create an original piece of needle art!

Steps to A Healthier You*Nancy Ivey, Roman Smiechowski***AM ONLY**

24 Students

Are you a non-athlete but want to get in better shape? Do you want to learn a healthier way of eating? Do you want more energy? Do you want to learn how to make healthy snacks and dishes? Then this course is for you! We will combine a daily walking program with mildly strenuous activities both on and off campus. Participants will learn how to develop nutritious eating habits and design their own plan that will balance food intake and exercise. It's never too late to get into shape!

Stranger Rutland: Reading and Writing Science Fiction and Fantasy Short Stories*Hunter Berryhill***AM ONLY**

12 Students

“Go then, there are other worlds than these.” The author of that line, Stephen King, understood that the real world is boring. In an existence without (at least not yet) zombies, aliens, apocalypses, evil machines, magic, time travel, prophecies, gods, demigods, quarter-gods, superheroes, and ill-tempered, city-sized creatures from the deep, it is our responsibility to create them in the name of keeping things interesting. In this YES Plan we will read a selection from some of the best authors ever inspired to spare us from the recognizable and ordinary: Neil Gaiman, Gene Wolfe, Margaret Atwood, Ray Bradbury, and others. But more importantly we will also be creating and publishing our own SciFi and Fantasy fiction, using the masters as models for our literary concoctions.

PM Only Courses

19th Century Baseball

Hunter Berryhill

PM ONLY

16 Students

The historian Jacques Barzun wrote, “Whoever wants to know the heart and mind of America had better learn baseball, the rules and realities of the game.” If you are a fan of watching or playing baseball, this YES Plan will provide you an opportunity to learn about and play the game the way it was meant to be played: without gloves. We will research and learn vintage baseball rules in order to play baseball like it was 1886 (facial hair and woolen uniforms optional). Learn how to become a good striker, who knows how to drive in the aces with stinger after stinger. Learn how to handle daisy cutters as a basetender or a scout, as you aim to whitewash the muffins on the other team. (Sorry, no soaking allowed!) This YES Plan will teach you about the early days of our national pastime, show you what it was like to play ball in the 19th century, and offer you an opportunity to participate in the growing movement of vintage baseball. See you on the field!

Art and Science of Tie Dye (STEM)

Laura DesJardins

PM ONLY

12 Students, **up to \$50 fee**

Far out, man! The bright colors and intricate patterns of tie dye found their way into popular culture more than 50 years ago. Though it is often associated with the groovy sixties, the origins of tie dye actually trace back millenia and have roots in social and political issues. In this YES Plan, students are exposed to the history of the art of fabric dyeing, develop an understanding of the chemistry that occurs during the process, practice mixing dye colors from dye powder and then creating “recipes” for their own, unique color palette, and have the chance to practice the advanced techniques that produce elaborate, eye-catching patterns. For a final product, students will use the techniques they learn throughout the weeks to plan and create a collection of tie dyed garments or fabrics to take home.

Hummin’ Strummin’ Ukulele

Tegan Kirk-Elkin

PM ONLY

12 Students, **\$40 fee or bring own ukulele**

Have you ever wanted to learn to play the ukulele? Do you enjoy singing? Learn this lifelong skill to accompany yourself and other on your favorite songs of today and yesterday!

Knitting in the Spinning World (Global Studies and STEM)

Laurie Wilson, Dina Spafford

PM ONLY

24 Students

This 1/2 day course will include learning the basics of knitting and learning basics of wool fiber preparation. Students will knit and either explore several countries where knitting is popular or design and make a drop spindle for spinning wool. Students will have an end product for themselves as well as work together to make a hat or scarf as part of a community service project. Students will present their learning in a variety of modes.

Mindfulness*Jessica Ransom***PM ONLY**

20 Students

Do you want to learn to take control over your stress? Has a need for perfection taken over your life? Does your home and social stress keep you from being happy and productive at school? Come learn how to overcome these challenges. We will learn what stress is and how it affects your body. We will learn how to limit your stress and help you move forward towards your goals. We will do things like meditation, yoga, journaling, goal setting, and much more! Learn how to take control of your life and find joy in your everyday!

SAT Prep*Mary Haskell***PM ONLY**

20 Students, \$20 fee

This course is designed to familiarize students with the mathematics portion of the SAT's - the standard examination still used in assessing students for college admission. The course will include instruction, practice tests and discussion of strategies in an effort to assist college-bound students in attaining their best possible score.

Songs of MOTOWN*Dan Graves, Hilary Poremski***PM ONLY**

24 Students

From 1961 to 1971, Motown had 110 "Top 10" hits. Our class will sing and perform songs like "Sugar Pie, Honey Bunch," "I'll Be There," "The Way You Do the Things You Do," etc., songs by Stevie Wonder, Diana Ross and The Supremes, The Four Tops, The Temptations, and The Jackson 5!! Singers and instrumentalists are welcome to bring their talents to some of popular music's classics. Students will rehearse and present musical performances to audiences in school.

AM and PM Courses

A Hero's Journey

Chris Siliski, Hilary Poremski(AM ONLY), Ellada Siliski(PM ONLY)

AM and PM

20 Students

Lots of great stories and well-loved movies contain the secret to a happy life because they follow a pattern called the "Hero's Journey". In this course, you'll learn about the hero's journey and how to identify it in well-loved stories and movies like: Rudy, The Pursuit of Happiness, October Sky, Speak, and more. Through movies, reading, journals, discussion and creative activities, you'll also understand how the hero's journey applies to your own experiences, including what it takes to achieve your goals and become the "hero" of your life.

Art History of Heads and Faces

Fred Lower

AM and PM

12 Students

Have fun improving your skills while learning the basics for drawing and painting famous heads and faces. We will look at some of the most famous (and not so famous) artists throughout history, visit a museum, and discover the secrets of the Renaissance use of light and shadow by modeling in color with pencil, paint, and pastel. Projects will range from traditional, indoor studio set up with easels and live model, to drawing outside, to mural size portraits.

CSI Rutland-Forensics Lab (STEM)

Susan Ponto, Jody Sabatano

AM and PM

20 Students

Students will learn how to unlock the mystery of crimes through application of science techniques such as microscopy, instrumentation, experimentation, comparison, identification, documentation and verification. The result of the forensic scientist's work has real application with the life and death implications and impact upon the criminal justice system. All students will be required to create a research poster and make a short oral presentation describing an area of Forensic Science not covered by the course. Students trying for a "passing with honors" grade for the course would be required to complete the mystery writing portion of the course or do a second research project. This course is for STEM credit.

The Psychology of Intelligence

Ellie Davine

AM and PM

15 Students

Human intelligence is the focus of this course. How are you smart? Are you "book smart", "street smart", or "art smart"? Have you ever wondered why some subjects come easy for you, while other subjects are difficult? Participants in this course will explore the different theories of human intelligences and the history of intelligence testing in the United States. Participants will personally reflect on their own intelligences and explore how this understanding can be beneficial to life choices. The culminating activity will be to plan an experience for open house based on Howard Gardner's theory of Multiple Intelligences.

U Design It! (STEM)

Gwen Hagenbarth, Michele Farkas(PM ONLY)

AM and PM

20 Students

Have you ever wanted to design your own structure? A tree house? Gazebo? Sugar House? Shed? Do you think you might want to build a small structure in the future? A Playhouse? Ice Shanty? Covered walking bridge? Well then, this course is for you! You will learn from architects and construction experts in the field about how to create your own designs. You will visit structures such as covered bridges and apply their truss systems to your own building plans and corresponding model of the small structure that you could build someday. It could happen!

Grove Street Campus Programs

Grove Street Learning Kitchen

Carolyn Ravenna, Laurie Bullock, Sherry Greeno

Full Day

12 Students

Students will become aware of the healthy choices available to them on a limited budget and plan healthy, affordable dishes. Under the supervision of guest chefs and teachers, participants will also learn various cooking techniques, while reading and following the directions for a variety of nutritious recipes. By preparing each dish in school, students will learn not just what to do but how to do it. Students will increase their nutrition, budgeting shopping and cooking skills. Students will learn a variety of ways to cook; crockpot, stove, and microwave.

School-to-Work

Carolyn Ravenna, Laurie Bullock, TJ Moran

Full Day

more than 24 Students

Students in grades 9 – 12 may participate in a School To Work Experience by writing a proposal using the guidelines provided by the School To Work Instructors. Students may pursue job shadowing experiences in the community as alternatives to the regular YES Plan courses being offered on campus. These off campus opportunities should be career and / or skill oriented. If a student has participated in a STW YES Plan in previous years, they will be required to propose an alternative placement unless they can demonstrate new learning as the importance of this opportunity is to explore options for the future. Students will need to complete a guided journal, Learning Experience Plan, Learning Agreement, Hourly Activity Log and present a Final Project during the Open House at Rutland High School on the last day of YES Plan.

For the Love of Horses; Equine Mindfulness

Laurie Bullock, Sherry Greeno

AM ONLY

less than 12 Students

For the Love of Horses!!!! Do you have an interest in horses and art? This class is designed to introduce students to the general care of horses while sketching various aspects of horsemanship. Students will have a hands on experience learning the skills needed to groom, tack, and love a horse. Students will learn how to effectively communicate with the horse on the ground and in the saddle. This class will take place off campus at a local farm. Each student will create a piece of art through paint, pen & ink or watercolor that will be on exhibit at Grove Street Campus. We will take a trip to a local horse ranch at the end of the course for a trail ride and to present final projects.

Outdoor Recreation

TJ Moran

AM ONLY

less than 12 Students

This course will focus on many different outdoor games and activities that students will encounter throughout their lives. By giving students a grasp of multiple games and activities the students can use game play to increase both mental and physical health for the rest of their lives.

Your Local Government

TJ Moran

PM ONLY

less than 12 Students

This course is designed to show students where they can access local, state, and federal entities in their community. This course will walk to most locations and there will be a reflective journal due upon completion of each day.

FERPA

The Family Educational Rights and Privacy Act (FERPA) afford eligible students certain rights with respect to their education records. (An “eligible student” under FERPA is a student who is 18 years of age or older or who attends a postsecondary institution.) These rights include:

1. The right to inspect and review the student's education records within 45 days after the day the [Name of postsecondary institution (“School”)] receives a request for access. A student should submit to the registrar, dean, head of the academic department, or other appropriate official, a written request that identifies the record(s) the student wishes to inspect. The school official will make arrangements for access and notify the student of the time and place where the records may be inspected. If the records are not maintained by the school official to whom the request was submitted, that official shall advise the student of the correct official to whom the request should be addressed.
2. The right to request the amendment of the student’s education records that the student believes is inaccurate, misleading, or otherwise in violation of the student’s privacy rights under FERPA.

A student who wishes to ask the school to amend a record should write the school official responsible for the record, clearly identify the part of the record the student wants changed, and specify why it should be changed.

If the school decides not to amend the record as requested, the school will notify the student in writing of the decision and the student’s right to a hearing regarding the request for amendment. Additional information regarding the hearing procedures will be provided to the student when notified of the right to a hearing.

3. The right to provide written consent before the university discloses personally identifiable information (PII) from the student's education records, except to the extent that FERPA authorizes disclosure without consent.

The school discloses education records without a student’s prior written consent under the FERPA exception for disclosure to school officials with legitimate educational interests. A school official is a person employed by the [School] in an administrative, supervisory, academic, research, or support staff position (including law enforcement unit personnel and health staff); a person serving on the board of trustees; or a student serving on an official committee, such as a disciplinary or grievance committee. A school official also may include a volunteer or contractor outside of the [School] who performs an institutional service of function for which the school would otherwise use its own employees and who is under the direct control of the school with respect to the use and maintenance of PII from education records, such as an attorney, auditor, or collection agent or a student volunteering to assist another school official in performing his or her tasks. A school official has a

legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibilities for the [School].

[Optional] Upon request, the school also discloses education records without consent to officials of another school in which a student seeks or intends to enroll. [NOTE TO POSTSECONDARY INSTITUTION: FERPA requires a school to make a reasonable attempt to notify each student of these disclosures unless the school states in its annual notification that it intends to forward records on request.]

4. The right to file a complaint with the U.S. Department of Education concerning alleged failures by the [School] to comply with the requirements of FERPA. The name and address of the Office that administers FERPA is:

Family Policy Compliance Office

U.S. Department of Education

400 Maryland Avenue, SW

Washington, DC 20202