

Rutland Public Schools
Rutland High School - Stafford Tech Center

We proudly serve local produce and support local farmers whenever possible



Lunch Prices
Student Full Priced \$2.10
Student Reduced Priced \$.40
Adult \$3.00
Milk \$.40
WW = indicates Whole Wheat
Menu Items
We use wheat rolls & bread for all sandwiches

April 1
Featured Entrées
Homemade Baked Goulash
Tossed Salad

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 4
Featured Entrées
Oven Baked Chicken Nuggets
Oven Baked French Fries

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 5
Featured Entrées
Homemade Quiche
Bacon & Cheese or
or
Ham, Cheese, Broccoli

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 6
Featured Entrées
Buffalo Chicken Quesadilla
Veggie Rice Bake

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 7
Featured Entrées
Nacho's with Fixings
Herbed Rice

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 8
Featured Entrées
Meatball Sub
Garden Salad
Roasted Sweets & Whites
(Potatoes)

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 11

April 12

April 13

April 14

April 15



April 18
Featured Entrées
Homemade Mac & Cheese
Steamed Broccoli
Wheat Dinner Roll

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 19
Featured Entrées
Tuna Noodle Casserole
Wheat Dinner Roll

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 20
Featured Entrées
General TSO Chicken
Oriental Veggies
Steamed Rice

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 21
Featured Entrées
Build Your Own Burger Day
Tuna Mac Salad

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 22
Featured Entrées
Taco Salad
with Fixings
Herbed Rice

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 25
Featured Entrées
Homemade Shepherd's Pie
Sweet Corn
Wheat Dinner Roll

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 26
Featured Entrées
Homemade Chili
with Chips
Tossed Salad

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 27
Featured Entrées
Chicken Alfredo
Caesar Salad

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 28
Featured Entrées
Baked Potato Bar
Chili, Cheese, Broccoli

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

April 29
Featured Entrées
Cheesy Breadsticks
with a side of Meatballs
Caesar Salad

Daily Alternate Meals
Pizza Station, Deli Station
Fresh Salads, Grill Station

Daily Featured Sides

Mini Tossed Salad, Hot Veggie of the Day, Crisp Fresh Veggie Cup w/ Dip, Healthy Fresh or Canned Fruit, Farm Fresh Vermont Milk