

**SEPTEMBER 2010**  
**RUTLAND PUBLIC SCHOOLS**  
 RUTLAND HIGH SCHOOL & STAFFORD TECH CENTER

**Daily Featured Sides**

Mini Tossed Salad  
 Hot Veggie of the Day  
 Homemade Soup  
 Crisp Fresh Veggie Cup w/ Dip  
 Healthy Fresh or Canned Fruit  
 Farm Fresh Vermont Milk

**Lunch Prices**

Student Full Priced \$ 2.10  
 Student Reduced Priced \$ .40  
 Adult \$3.00  
 Milk \$.40

**We proudly serve local produce and support local farmers whenever possible**

August 25  
**Featured Entrées**

❖ Bak  
 ed Chicken Tenders, Carrot Raisin Salad

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

August 26  
**Featured Entrées**

❖ Spa  
 ghetti & Meatballs with a Wheat Roll

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

August 27  
**Featured Entrées**

❖ Bak  
 ed Potato Bar

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a variety of "made to order" Deli

August 30  
**Featured Entrées**

❖ Ho  
 memade Mac & Cheese with a Wheat Roll

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

August 31  
**Featured Entrées**

❖ BB  
 Q Chicken Pizzadilla Wrap with a Tasty Wheat Pasta Salad

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross

September 1  
**Featured Entrées**

❖ Tast  
 y Taco Salad with Brown Rice Pilaf

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 2  
**Featured Entrées**

❖ Bre  
 akfast for Lunch

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a variety of "made to order" Deli

September 3  
**Featured Entrées**

❖ Bre  
 adstick Dunkers with a side of meatballs

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 6  
**Labor Day**

**No School**



September 7  
**Featured Entrées**

❖ Gen  
 eral TSO Chicken with Steamed Rice and Oriental Veggies

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross

September 8  
**Featured Entrées**

❖ Ho  
 memade Baked Goulash with a Wheat Roll

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 9  
**Featured Entrées**

❖ Ho  
 memade BBQ Pork Sandwich with Pineapple Slaw

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross

September 10  
**Featured Entrées**

❖ Flat  
 bread Pizza with a Caesar Salad

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 13  
**Featured Entrées**

❖ Bak  
 ed Chicken Tenders with Buttered Wheat Pasta

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 14  
**Featured Entrées**

❖ 3  
 Cheese Focaccia Melt with Homemade Soup

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 15  
**Featured Entrées**

❖ Spa  
 ghetti With Homemade Marinara Sauce

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 16  
**Featured Entrées**

**All Local Day**  
 Featuring a menu of all locally sourced menu items

Watch for a School Flyer with more details

September 17  
**Featured Entrées**

❖ Ho  
 memade Chicken & Gravy over Real Mashed Potatoes

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 20  
**Featured Entrées**

❖ Me  
 atball Sub with Couscous Broccoli Bake

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 21  
**Featured Entrées**

❖ Chi  
 cken Fajita Wrap with Roasted Potatoes

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

September 22  
**Featured Entrées**

❖ Ho  
 memade Lasagna with a wheat dinner roll

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross  
 Roads Deli Station (featuring a

Sept 23 - VT Apple Day  
**Featured Entrées**

❖ Ha  
 m, Cheddar & Apple Bagel Melt with Apple Crisp Dessert

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross

September 24  
**Featured Entrées**

❖ Ho  
 memade Sloppy Joe Sandwich with Potato Wedges

❖ Cross  
 Roads Pizza Station (featuring a variety of homemade pizzas)

❖ Cross  
 Roads Grill Station (featuring a variety grill items)

❖ Cross

